

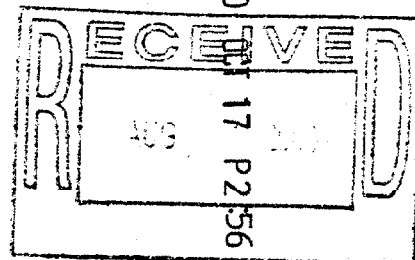
JARROW FORMULAS, INC.  
SUPERIOR NUTRITION  
AND FORMULATION

1824 South Robertson Boulevard  
Los Angeles, CA 90035-4317  
(310) 204-6936  
Toll Free (800) 726-0886  
FAX (310) 204-2520

**JARROW**  
**FORMULAS™**

Monday, July 24, 2000

Division of Compliance and Enforcement/ONPLDS  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229



Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

**Strengthens Joint and Skin Structure:** MSM Sulfur is an organic source of bioavailable sulfur, an antioxidant mineral found in major structural molecules of the body, such as cartilage. Because it is a rich source of sulfur, MSM is utilized in the production of glycosaminoglycans (or mucopolysaccharides) such as chondroitin sulfate, dermatan sulfate and hyaluronic acid, which is part of joint fluid. Sulfur enhances the structural integrity of these glycosaminoglycans found in high concentrations in connective tissue, including joint cartilage, bones, skin and hair.

**(3) Name of the dietary ingredient if not provided in the text of the statement:**

Methylsulfonylmethane

**(4) Name of the dietary supplements**

MSM Sulfur 750 -750 mg 100 capsule size

MSM Sulfur 750 -750 mg 200 capsule size

MSM 1000 -1000 mg 120 tablet size

MSM Sulfur 200 grams size

MSM Sulfur 454 grams size

MSM 1000 grams size

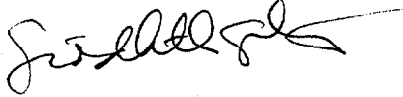
**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

975-0162

15825  
71935

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'Siddharth Shastri', with a stylized flourish at the end.

Siddharth Shastri, CCN

Vice President, Director of Product Development  
Licensed Dietitian/Clinical Nutritionist, #002378  
(by the University of the State of New York, State Board of Education)